Fill in the missing words and complete the sentences with your own ideas for each picture:

Useful words: squeeze bend pinch flex fist lift reach extend behind

1. I ___ ___ ___ my hand when I ______
2. I ___ ___ ___ the duck’s neck because __________
3. I ___ ___ forward to touch my toes when________
4. He ___ ___ ___ his muscles __________
5. I make a ___ ___ when __________
6. I ___ ___ ___ my nose because __________
7. He puts his arms ___ ___ ___ his head when __________
8. They ___ ___ ___ for the ball __________
9. She ___ ___ ___ her hands when____